

Your Creative Year in Retrospect

A year-end reflection can help you notice what has taken shape over the past months. Without judgement and without analysis. Take a few minutes to look at your creative year from a little distance.

1. Overview

Questions to guide your look at the year:

- Which colours, shapes or materials appear again and again in my work?
- Which themes have accompanied me throughout the year?
- What stands out when I look at my work as a whole?

2. Creative Moments

Observations about what felt good:

- Which creative moments were especially enjoyable or satisfying?
- When did my process feel light or natural?
- What helped me get into the flow of making?

3. Looking Ahead

Gentle prompts for the new year:

- Which ideas would I like to continue?
- Which techniques or materials would I like to explore?
- What would I like to change in the coming year?

A year-end reflection reminds you how many small steps you have already taken.